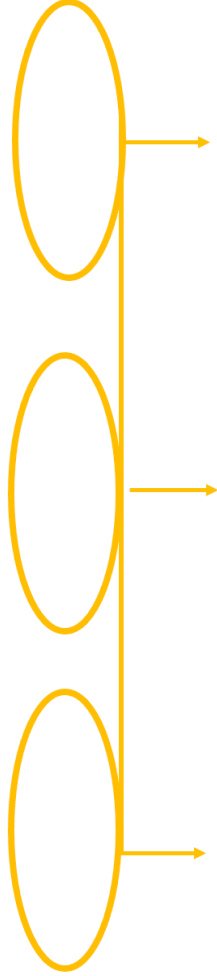


The Roadmap Of My Life

Choose your time frame.

You can choose days, weeks, years, five-year periods or decades if you prefer. What happened during that time? Print another page if you need to.



Write down your story.

Then tell your story from several perspectives.

For example, tell it from a perspective of anger, gratitude, or perseverance.

How do you choose to see your story?



The Roadmap of My Life Blank Worksheet



Choose your time frame

